



MSC CLINICAL
MENTAL HEALTH



3rd Department of
Psychiatry, School
of Medicine AUTH

Supported by

WPA Zone 8 & Action Plan Group on Psychopharmacology and the CINP



2023 Summer School on Mental Health

July _____
14th & 15th 2023

Central Library,
Aristotle University of Thessaloniki

Thessaloniki
Greece

With the participation of:

Afzal Javed, *President of WPA*

Joseph Zohar, *President of CINP*

PROGRAM



WELCOME ADDRESS

Dear colleagues,

It's a great pleasure to invite you to the **2023 Summer School on Mental Health** which will take place in **Thessaloniki Greece on 14th-15th** July this year.

The school aims at being valuable for the clinicians who fight daily in the front line for the treatment of real-world patients. In this frame, our goal is to provide a global and comprehensive update of the newest developments in Psychiatry and the allied sciences in a manner, which will be both focused and enriched. The rule is always to avoid content-free eloquence and authority and to face hard questions on the base of research findings, under the auspice and with the collaboration of the most prominent international societies. During these difficult circumstances for the world, advanced education and training is the only way to the future. Novel and advanced technologies and approaches are emerging.

Teaching clinical usefulness and application of new knowledge and informed treatment with psychopharmacological agents in a truly multidisciplinary approach will be the central axis of the meeting and although the congress will embrace high tech research concerning psychopathology, new treatment methods, genetics and molecular biology, it also aims on putting the emphasis on the human factor, both the therapist and the patient. Apart from the humanistic tradition of Psychiatry and life sciences, the continuous and unconditional investment on the high level training of professionals and education of patients and their families, emerged as a significant challenge during the last few decades. Medical scientists and public health policy makers are increasingly concerned that the scientific discoveries are failing to be translated efficiently into tangible human benefit. Today, in an all the more complex and technologically advanced environment, the human factor emerges again as the most valuable one, the factor that determines the final outcome.

As hosts and organizers, we shall spare no effort in making your participation scientifically rewarding and meaningful. Let the rainbow dominate our sky after the storm.

Konstantinos N. Fountoulakis

Professor of Psychiatry

Director, 3rd Department of Psychiatry, Division of Neurosciences
School of Medicine, Aristotle University of Thessaloniki, Greece



SCIENTIFIC PROGRAM

Friday, July 14th, 2023

09.00-11.00 MORNING SESSION

Host: **Eva - Maria Tsapakis**

Stress

Agorastos Agorastos

Psychiatric genetics

Eleni Parlapani

11.00-14.00 PLENARY LECTURES SESSION

Host: **Konstantinos N. Fountoulakis**

From an asylum to a community based system: how to do it - the Greek experience

Pavlos Theodorakis

Educational initiatives of WPA during 2020-23

Afzal Javed

Precision in Psychopharmacology - Is There a Role for Neuroscience Based Nomenclature (NbN) in Clinical Practice?

Joseph Zohar

14.00-15.00 BREAK

15.00-18.00 EVENING SESSION

Host: **Eva - Maria Tsapakis**

Basic preclinical psychopharmacology

George Papazisis

Neurocognition in schizophrenia

Eva-Maria Tsapakis

Implementation of Mental Health Policies

Panagiotis Tsiganos



SCIENTIFIC PROGRAM

Saturday, July 15th, 2023

10.00-14.00 MORNING SESSION

Host: **Nikitas Arnaoutoglou**

Mental health care systems

Sotirios Koupidis

Digital mental health

Panagiotis Bamidis

Art therapy

Dora Psaltopoulou

The effect of somatic multi-comorbidity in mental patients

Konstantinos N. Fountoulakis

14.00-15.00 BREAK

15.00-17.00 EVENING SESSION

Host: **Nikitas Arnaoutoglou**

Psychosexuality

Loukas Athanasiadis

Psychogeriatrics

Nikitas Arnaoutoglou

17.00 Closing



INDEX OF SPEAKERS

Agorastos, Agorastos

Associate Professor of Psychiatry,
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WHO Senior Health Policy Advisor

Tsapaki, Eva-Maria

Assistant Professor of Psychiatry,
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Zohar, Joseph

President of the CINP



GENERAL INFORMATION

► Dates and Venue

July 14th -15th, 2023
 Central Library, Aristotle University of Thessaloniki, Greece

► E-Badge

It is mandatory for the delegates to show their congress e-badge at the entrance of the Congress hall in order to have their attendance time for each session registered.

► Certificate of attendance

All delegates will receive the certificate of attendance. Certificates will be provided after the completion of the Scientific Program by email.

► Presentations

Available visual equipment for all presentations will be through power point presentation. Presentations must be sent by e-mail at the technical secretariat. The use of personal computers will not be feasible.

► Registration fees

Category	Cost
Psychiatrists	30€
Residents in Psychiatry	30€
Other Mental Health Professionals	15€
Undergraduate Students	15€

The above registration fees include 24% VAT

Registration fees include:

- Admission to the scientific sessions
- Certificate of attendance

► Congress Secretariat



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