

2nd International Congress on Neurobiology, Psychopharmacology & Treatment Guidance

Thessaloniki Greece

www.psychiatry.gr

ICNP2011

November 24th-27th, 2011

Makedonia Palace Hotel

Under the auspices of:

-  School of Medicine
Aristotle University of Thessaloniki, Greece
-  Hellenic Psychiatric Association
-  Psychiatric Association
for Eastern Europe and the Balkans
-  World Association for Social Psychiatry
-  European Psychiatric Association



INTERNATIONAL SOCIETY of NEUROBIOLOGY
& PSYCHOPHARMACOLOGY



World Psychiatric Association

Available online at <http://www.psychiatry.gr/2icnpepatg/final-program.pdf>

Scientific Program

Accredited with **21 CME** credits by UEMS/EACCME



ICNP2011

2nd International Congress on
**Neurobiology,
Psychopharmacology
& Treatment Guidance**
Thessaloniki Greece

Dear colleagues,

It's a great pleasure to invite you to the "2nd International Congress on Neurobiology, Psychopharmacology and Treatment Guidance", which is taking place in Thessaloniki Greece, on November 24th-27th, 2011.

After the great success of the 1st Congress which took place in 2009, this second Congress aims again at being useful for the clinician who fights daily in the front line for the treatment of real-world patients. In this frame, our goal is to provide a global and comprehensive update of the newest developments in Psychiatry and the allied sciences in a way which will be both focused and enriched. The rule is to avoid content-free eloquence and authority and to face hard questions on the base of research findings. Many world wide experts have been invited to share with us their knowledge and experience once again under the support and guidance of the European Psychiatric Association and the World Psychiatric Association under the Auspices of the School of Medicine, Aristotle University of Thessaloniki.

During these difficult times for the world economy, advanced education and training is the only way to the future. Teaching clinical usefulness and application of new knowledge and informed treatment with psychopharmacological agents in a truly multidisciplinary approach is the central axis of the meeting and although the congress will embrace high tech research concerning psychopathology, new treatment methods, genetics and molecular biology, it also aims to put the emphasis on the human factor, both the therapist and the patient.

Apart from the humanistic tradition of Psychiatry and the life sciences, the continuous and unconditional investment on the high level training of professionals and education of patients and their families, emerged as a significant challenge during the last few decades. Medical scientists and public health policy makers are increasingly concerned that the scientific discoveries are failing to be translated efficiently into tangible human benefit. Today, in an all the more complex and technologically advanced environment, the human factor emerges again as the most valuable one, the factor that determines the final outcome.

As hosts and organizers, we shall spare no effort in making your participation scientifically rewarding and meaningful and your stay in Thessaloniki and Greece as enjoyable as possible.



Konstantinos N. Fountoulakis
Assist. Professor of Psychiatry,
Aristotle University of Thessaloniki, Greece

Chair of the Organizing Committee
2nd International Congress on Neurobiology,
Psychopharmacology & Treatment Guidance

Main Topics

The main topics of the Congress are the following:

- Abnormal psychology
- Animal models
- Anxiety disorders
- Basic neuroscience
- Behavioural disorders
- Bioethics
- Biological rhythms
- Biomedical technology
- Childhood and adolescence disorders
- Clinical psychiatry
- Clinical psychopharmacology
- Dementia
- Developmental psychology
- Drug development
- Eating disorders
- Evidence-based psychiatry
- Experimental psychology
- Experimental psychopharmacology
- Forensic psychiatry
- Health economics and quality of life
- Information technology and neuroscience
- Learning abilities and disabilities
- Major disaster and mental health
- Memory and cognitive disorders
- Methodology in psychiatric research
- Molecular psychiatry
- Mood disorders
- Neural networks
- Neuroimaging
- Neuropsychology
- Neurophysiology
- Neuropsychobiology
- Neuropsychoneuroendocrinology
- Non pharmacological biological therapies
- Nosology and classification
- Personality
- Pharmacogenetics
- Psychiatric genetics
- Psychobiology
- Psychogeriatrics
- Psychoimmunology
- Psycholinguistics
- Psychometrics
- Psychopathology
- Psychopharmacology
- Psychophysiology
- Psychosocial and other non-biological therapies and interventions
- Schizophrenia and other psychotic disorders
- Sexual behaviour and disorders
- Sleep
- Social psychiatry
- Stress
- Substance abuse and dependence
- Suicide
- Temperament
- Transcultural psychiatry
- Treatment guidelines
- Violence



Honorary Chair of the Congress: Zeki S. (UK)

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Scientific Secretary

Siamouli M.



IN MEMORIAM

Yves Lecrubier (1944-2010)



Scientific Program

Thursday, November 24th 2011

“Alexandros” Hall

09.00-09.30

LECTURE

Chairperson: **Stavros Samolis (Greece)**

The effect of alprazolam (xanax) in anxiety patients (both treated and untreated) and healthy controls in driving behaviour in a simulated environment

Katerina Toulou (Greece)

09.30-11.00

SYMPOSIUM

MUSICAL PERFORMANCE LEARNING ABILITIES TRAINING: PSYCHOPHYSIOLOGICAL FEATURES

Chairperson: **Olga M. Bazanova (Russia)**

Alpha EEG indices of musical performance abilities development in musicians and non musicians

Anna V. Kondratenko (FYROM)

Musical perception experience, brain electrical activity and acoustic voice analysis

Paula Viana Wackermann (Germany)

EEG mapping of melody recognition tasks

Giuseppe Buzzanca (Italy)

Development “Archetype of music perception” projective test for musical students training

Alla Toropova (Russia)

Comparison the two month simultaneous individual alpha-2-EEG stimulating and EMG decreasing biofeedback and usual practice training musical performance skills

Olga M. Bazanova (Russia)

11.00-12.30

SYMPOSIUM

NEUROBIOLOGY OF SPEECH, LISTENING AND LEARNING THROUGH THE AUDITORY MODALITY

Chairpersons: **Konstantinos Polyzoidis (Greece),
Jannis Constantinidis (Greece)**

Neurobiology of listening

Ioannis Nimatoudis (Greece)

Neurobiology of speech

Athanasia Printza (Greece)

Current knowledge of language functional anatomy

Nikolaos Foroglou (Greece)

Learning through the auditory modality and medial olivocochlear bundle functioning

Vassiliki Iliadou (Greece)

Thursday, November 24th 2011

“Alexandros” Hall

12.30-13.00 Break

13.00-14.30 **SYMPOSIUM**
MEMORY, COMMUNICATION, LANGUAGE, SPEECH AND SWALLOWING DEFICITS IN DEMENTIA
Chairperson: **Grigorios Nasios (Greece)**

Communication, language and speech deficits in dementia: A theoretical approach
Grigorios Nasios (Greece)

Communication, language and speech deficits in dementia: Research data in Greek population
Dionysios Tafiadis (Greece)

The effect of communication, language and speech deficits on quality of life in dementia
Maria Ignatiou (Greece)

Management of feeding and swallowing deficits in patients with dementia
Eleanna Virvidakis (Greece)

14.30-16.00 Break

16.00-17.30 **SYMPOSIUM**
ISSUES ABOUT FORESIC PSYCHIATRY IN GREECE
Chairpersons: **Athanasios Douzenis (Greece),**
Christos Tsopelas (Greece)

Mental illness in prisoners an overview of Greek findings
Athanasios Douzenis (Greece)

Law and mental health in ancient Greece: The birth of a concept
George Tzeferakos (Greece)

Compulsory admission in Greece. Findings from 2 hospitals
Christos Tsopelas (Greece)

Development of a multidisciplinary forensic mental health team in Greece
Georgia Kalemi (Greece)

*The Symposium is organized by
the Forensic section of the Greek Psychiatric Association*



Thursday, November 24th 2011

“Alexandros” Hall

17.30-19.00

SYMPOSIUM

THE EFFECT OF ALPHA ELECTROENCEPHALOGRAPHIC BIOFEEDBACK ON COGNITION AND HEART RATE VARIABILITY

Chairpersons: **Olga M. Bazanova (Russia),
David Vernon (UK)**

Background, rationale and methodological issues of alpha neurofeedback training

David Vernon (UK)

The effect of alpha electroencephalographic biofeedback on cognition and heart rate variability

Olga M. Bazanova (Russia)

The frequency shift in the EEG alpha band during optimal performance by marksmen

Dmitry Napalkov (Russia)

Effectiveness of upper alpha EEG biofeedback training may depend on the type of self-regulation technique and the level of resting baseline activity

Olga Yu. Lazareva (Russia)

Alpha peak frequency coherence biofeedback training in astronaut professional skill enhancement

Tatyana A. Ershova (Russia)

19.00-19.30

Coffee break

19.30-20.00

LECTURE

Chairperson: **Ioannis Giouzepas (Greece)**

Psychosis risk syndrome (PRS): Pharmacological interventions

George Garyfallos (Greece)

20.00-21.30

FORUM

THE FUTURE OF MENTAL HEALTH IN GREECE

Moderator: **George Christodoulou (Greece)**

George Christodoulou (Greece)

Charalambos Ierodiakonou (Greece)

Ioannis Giouzepas (Greece)

Apostolos Iacovides (Greece)

Friday, November 25th 2011

“Alexandros” Hall

09.00-09.30

LECTURE

Chairperson: **Nikolaos Maglaveras (Greece)**

Implementation (ICT tool) and evaluation of practice guidelines and information materials in mental health care workers (physicians and pharmacists)

Dimitrios Margaritis (Greece)

09.30-11.00

SYMPOSIUM

NOVEL TECHNOLOGIES AND PROCEDURES IN THE DIAGNOSIS AND TREATMENT OF MENTAL DISORDERS

Chairpersons: **Nikolaos Maglaveras (Greece),
Konstantinos N. Fountoulakis (Greece)**

The role of digital health platform in mental health policy
Ioanna Chouvarda (Greece)

Novel technologies for ubiquitous monitoring and management of neurological/mental disorders: The role of ambient assisted living approaches
Mary Panou (Greece)

Methods for automated evaluation of neuropsychological and psychometric tests in routine clinical practice
Xenia Gkontra (Greece)

Applying the digital health platform in the survey of vulnerable groups residing in Thessaloniki: Results and outcomes
Konstantinos N. Fountoulakis (Greece)

11.00-12.30

SYMPOSIUM

CHRONIC FATIGUE SYNDROME (MYALGIC ENCEPHALOMYELITIS): RECENT ADVANCES IN NEUROBIOLOGY AND TREATMENT GUIDANCE

Chairpersons: **Basant K. Puri (UK),
Sofia Tsaluchidu (Italy)**

Research and treatment: The patient's perspective
Clare Palmer (UK)

Neuroimaging studies
Basant K. Puri (UK)

Sleep studies
Ian H. Treasaden (UK)

The immune system: A combined approach to treatment
Raymond Perrin (UK)

The psychopharmacological role of LC-PUFAs
Sofia Tsaluchidu (Italy)



Friday, November 25th 2011

“Alexandros” Hall

12.30-13.00 Coffee break

13.00-14.30 **SYMPOSIUM**

DYSTHYMIC DISORDER: NEWER DATA

Chairpersons: **Konstantinos N. Fountoulakis (Greece),
Charalambos Touloumis (Greece)**

Epidemiological and clinical aspects of dysthymic disorder
Spyridon Kleisas (Greece)

Treatment of dysthymic disorder
Anastasios K. Papakonstantinou (Greece)

Double depression
Achilleas Economou (Greece)

*The Symposium is organized by
the Psychiatric Hospital of Attica - “DAFNI”, Athens, Greece*

14.30-16.00 Break

16.00-17.00 **LECTURE**

Chairperson: **Panagiotis Grigoriou (Greece)**

Genetics in Psychiatry: An update
Dimitrios Dikeos (Greece)

17.00-17.30 **LECTURE**

Chairperson: **Grigoris Abatzoglou (Greece)**

Evidence based treatment for eating disorders
Janet Treasure (UK)

17.30-19.00

SYMPOSIUM

**MAINTENANCE STUDIES IN BIPOLAR DISORDER - METHODOLOGICAL
CONSIDERATIONS AND EVIDENCE**

Chairperson: **Heinz Grunze (UK)**

The impact of the design of relapse prevention and maintenance studies on
outcome
Willem Nolen (The Netherlands)

Individualized long-term treatment: Can predominant polarity guide the choice?
Dina Popovic (Spain)

The updated WFSBP maintenance guidelines: The evidence for relapse
prevention and prophylaxis
Heinz Grunze (UK)

*The Symposium is sponsored by
Bristol-Myers Squibb*

Friday, November 25th 2011

“Alexandros” Hall

19.00-19.45 **GOLD MEDAL LECTURE**
Chairperson: **Hagop S. Akiskal (USA)**

The role of art in understanding the brain
Semir Zeki (UK)

19.45-20.00 *Coffee break*

20.00-21.30 **SATELLITE LECTURE**
Chairperson: **Ioannis Giouzepas (Greece)**

Major depressive disorder: Aiming at remission after failure of the initial
treatment
Konstantinos N. Fountoulakis (Greece)

*The Satellite Lecture is sponsored by
AstraZeneca*



Saturday, November 26th 2011

“Alexandros” Hall

09.00-09.30

LECTURE

Chairperson: **Nikiforos V. Angelopoulos (Greece)**

The role of the DRD4 in working memory and cognitive function
Evangelia Tsapakis (Greece)

09.30-11.00

SYMPOSIUM

THE COMPLEX FACE OF BIPOLAR ILLNESS

Chairperson: **Giulio Perugi (Italy)**

Physical, behavioural and neurodegenerative comorbidity in bipolar spectrum disorder
Giulio Perugi (Italy)

Eating disorder, obesity and bipolarity: A complex relationship
Alfonso Tortorella (Italy)

Adult ADHD in bipolar patients
Cristina Toni (Italy)

Bipolar disorder in the frame of dementia (Bipolar VI)
Dimitrios Kontis (Greece)

11.00-11.45

LECTURE

Chairperson: **Ioanna Ierodiakonou-Benou (Greece)**

Genes, temperament, culture: Cultural characteristics of the distribution of affective temperaments
Xenia Gonda (Hungary)

11.45-12.30

LECTURE

Chairperson: **Dimitrios Kouvelas (Greece)**

The breakdown of the novelty seeking phenotype: Cognitive and emotional processing associated with the L-DRD4 genotype
Panagiotis Bitsios (Greece)

12.30-13.00

Coffee break

13.00-13.45

LECTURE

Chairperson: **Ioannis Diakogiannis (Greece)**

Intervention in early psychosis
Vasileios Kontaxakis (Greece)

Saturday, November 26th 2011

“Alexandros” Hall

13.45-14.30

LECTURE

Chairperson: **Lefteris Lykouras (Greece)**

Dopamine pathways: Illnesses and treatments
John Cookson (UK)

14.30-16.00

Break

16.00-17.00

LECTURE

Chairperson: **Driss Moussaoui (Morocco)**

Temperament: From TEMPS-A to neural substrates & vulnerability genes for
bipolarity and creative accomplishment
Hagop S. Akiskal (USA), Kareen Akiskal (USA)

17.00-17.30

LECTURE

Chairperson: **Apostolos Iacovides (Greece)**

Bridging the gap between developed and developing countries in Psychiatry:
The FAST programme
Driss Moussaoui (Morocco)

17.30-19.00

SYMPOSIUM

THE BURDEN OF CYCLOTHYMIA

Chairpersons: **Athanasios Koukopoulos (Italy),
Zoltan Rihmer (Hungary)**

The role of suicidality and suicide
Zoltan Rihmer (Hungary)

Relationships impulsivity in anxious patients
Giulio Perugi (Italy)

The role of hypomanic symptoms
Athanasios Koukopoulos (Italy)

The role of addiction
Andreas Erfurth (Austria)

*The Symposium is organized by
the European Bipolar Forum*



Saturday, November 26th 2011

“Alexandros” Hall

19.00-19.45 **FORUM**
THE FUTURE OF BIOLOGICAL PSYCHIATRY AND PSYCHOPHARMACOLOGY
Moderator: **Konstantinos N. Fountoulakis (Greece)**

Hagop S. Akiskal (USA)
Siegfried Kasper (Austria)
Hans-Jürgen Möller (Germany)

19.45-20.00 Coffee break

20.00-21.30 **SATELLITE SYMPOSIUM**
REALITIES OF TREATING BIPOLAR MANIA PATIENTS
Chairperson: **Konstantinos N. Fountoulakis (Greece)**

Efficacy in acute mania without sedation. Is it achievable?
Heinz Grunze (UK)

Evidence based treatment of bipolar disorder
George Papageorgiou (Greece)

*The symposium is sponsored by
Bristol-Myers Squibb*

21:30 **Awards ceremony**

Sunday, November 27th 2011

“Alexandros” Hall

09.00-09.30

LECTURE

Chairperson: **Michael Sotiriou (Greece)**

Meta-analysis demystified: A useful but potentially dangerous tool for evidence - based Psychiatry

Georgia Salanti (Greece)

09.30-11.00

SYMPOSIUM

A ROLE FOR BRAIN DERIVED NEUROTROPHIC FACTOR IN NEUROPSYCHIATRIC DISORDERS: ETIOLOGICAL ASPECTS AND THERAPEUTIC PERSPECTIVES

Chairpersons: **Sonia Ruiz de Azúa Garcia (Spain),
Maria-Paz Viveros (Spain)**

The neurotrophin BDNF: From depression susceptibility to treatment response
Francesca Calabrese (Italy)

Reactivation of developmental plasticity by antidepressant drugs and neurotrophins
Dimos Dimellis (Greece)

The new therapeutic strategies in the first psychotic episode: The roll of the BDNF
Sonia Ruiz de Azúa Garcia (Spain)

Blood BDNF concentrations reflect brain-tissue BDNF levels across species
Anders Bue Klein (Denmark)

11.00-12.30

SYMPOSIUM

THE FUTURE OF ALZHEIMER DISEASE RESEARCH: FROM GROUP DIFFERENCES TO INDIVIDUAL PREDICTION

Chairpersons: **Constantin Bouras (Switzerland),
Panteleimon Giannakopoulos (Switzerland)**

The endless debate of amyloid/tau-related causality: Lessons from neuropathology
Constantin Bouras (Switzerland)

Individual vulnerability to AD process: Moving from mild cognitive impairment to healthy controls
Panteleimon Giannakopoulos (Switzerland)

Volumetric changes and white matter damage in mild cognitive impairment: Prediction or conclusion?
Aikaterini Xekardaki (Switzerland)

Early onset Alzheimer’s disease: Clinical, imaging and biological features
Socratis Papageorgiou (Greece)



Sunday, November 27th 2011

“Alexandros” Hall

12.30-13.00 Coffee break

13.00-14.30 **SYMPOSIUM**

WORLD AND TRANSCULTURAL PERSPECTIVES IN PSYCHIATRY AND MENTAL HEALTH

Chairperson: **Konstantinos N. Fountoulakis (Greece)**

Attitudes towards psychopharmacological treatment: A transcultural perspective

Melina Siamouli (Greece)

Mental health of ethnic elders: A largely unexplored area of research

Dimitrios Kontis (Greece)

Longitudinal studies of cognition in first episode psychosis: A systematic review of the literature in a world perspective

Vasilios Bozikas (Greece)

Mental health care in a multicultural environment

Stamatia Magiria (Greece)

14.30 **Closing Ceremony**

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General Information

Congress Venue

Makedonia Palace Hotel, Thessaloniki, Greece
2, Meg. Alexandrou Avenue, Tel: +30 2310 897197, www.classicalhotels.com

How to get to Makedonia Palace Hotel

Makedonia Palace Hotel can be reached easily by public transport or by taxi. Please visit the official web site to see the city map for further information.
(www.psychiatry.gr)

Official Language

English will be the official language of the Congress. All printed material and poster presentations will be in English.

CME Accreditation

The Congress is accredited with 21 CME credits for the main congress program, by the European Accreditation Council for Continuing Medical Education (EACCME) Institution of the UEMS, to provide CME activity for medical specialists, recognized by the American Medical Association (AMA).

Certificate of Attendance

Certificates of attendance will be handed out upon request from the registration counter on Sunday, November 27th 2011.

E-Posters

All E-posters will be presented electronically and they will also be available on-line. No hardcopies will be handed. The E-posters will be presented on Friday, November 25th and Saturday, November 26th, 2011 in Aristotelis Hall.

Poster Awards

The International Society on Neurobiology and Psychopharmacology announces 5 awards for the 5 best posters which will be presented during the conference. The winners will receive a honorary diploma.

All submitted posters are considered candidates for the awards, unless otherwise stated by the author(s).

Chairperson of the Posters Award Jury: Prof. Giulio Perugi (Italy)

Abstract Book

The scientific program will be available online (pdf format) at www.psychiatry.gr/2icnpepatg/final-program.pdf. The abstract book will be published as a hard copy and will be available online at www.psychiatry.gr/2icnpepatg/abstract-book.pdf.

The full posters will be available online (pdf format) at www.psychiatry.gr/2icnpepatg/posters.pdf.

Exhibition

Within the Congress area there will be an exhibition of medical equipment and pharmaceutical products.

Presentations

Available visual equipment for all presentations will be through power point presentation. For power point use, your presence to the “technical reception desk” is required one hour prior to the time of your presentation in order to check the compatibility of your cd or usb stick and to copy the relevant files. Use of personal computers will not be feasible.

Registration Fees (in euros-classification of countries according to the World Bank)

| TYPE OF REGISTRATION | GROUP A countries | GROUP B countries | GROUP C countries | GROUP D countries |
|-----------------------------------|----------------------|----------------------|----------------------|----------------------|
| Specialists | 300€ | 150€ | 100€ | Free |
| Residents | 150€ | 75€ | 50€ | Free |
| Other mental health professionals | 50€ | Free | Free | Free |
| Students | Free | Free | Free | Free |

Note: For countries classification visit the official web site (www.psychiatry.gr).

For free registrations the congress material will be provided according to availability

On-site Registration

Participants who wish to register on-site are advised to arrive early. On-site registration will be processed on a first-come, first-served basis. Priority will be given to pre-registered delegates. Depending on the number of onsite registered delegates, availability of congress bags may be limited.

Name Badges

All participants are requested to wear their name badge at all times during all Congress Events.

Parking

There is underground parking providing a number of spaces with direct access to the Congress venue. The parking fee is not included in the registration fee. There will be space for free parking in the area around the hotel.

Taxis

Taxis are available in front of the airport as well as the hotel entrance.

Insurance

We can not accept responsibility for any personal loss, accidents or damages to participants and/or accompanying persons. Participants are strongly advised to obtain personal insurance to cover any eventuality that may occur during the Congress.



Climate

The climate in Thessaloniki is relatively mild and is typically mediterranean. In late November the average temperature is 10-15 °C during the day. Fluctuation between day and night temperatures is about 10 °C. Rain is quite often in these months.

Travel to Thessaloniki

Thessaloniki has one international airport, the Makedonia Airport with international flights to major cities all over the world. It is linked to public transportation and there is also a taxi station nearby.

For further information regarding the Congress visit the Congress's web site:
www.psychiatry.gr

Congress Secretariat



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Head office Thessaloniki

50A Stadiou Str. 555 35 Pilea, Thessaloniki, Greece

Tel: +30 2310 247743, +30 2310 247734, Fax: +30 2310247746, E-mail: info@globalevents.gr

Branch office Athens

6 Palaiologou Benizelou Str., 10556 Plaka, Athens, Greece

Tel: +30 210 3250260, E-mail: athens@globalevents.gr

Branch office Alexandroupolis

36 Eirinis Str., 68100, Alexandroupolis, Greece

Tel: +30 25510 81596, Fax: +30 25510 81857, E-mail: evros@globalevents.gr



2nd International Congress on
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